

## Created in God's Image

All of us are created in the image of God (Genesis 1:26-27). Part of being created in God's image means we have been given emotions that God created to be perfect, but sin has made them imperfect. We all experience these wide range of emotions - anger, fear, sorrow, love, jealousy, happiness. But, seldom do we take the time to consider where these emotions come from or what they might mean about us.

Frequently, our emotional experience follows a certain sequence. First, a situation or set of circumstances presents itself; second, this event seems to trigger an inner emotional response; then, we respond - we act out what we are feeling. Many times our responses to events in our lives do not honor God. We are left wondering "How can I be a Christian and still respond this way?" Or "Is there any hope I will change?"

Everyday there are lots of voices competing for our attention. The one voice that should be above the rest is that of our Creator. He alone knows what will work best (2 Timothy 3:16-17). Not only does the Scripture provide guidance; Christ's work on the Cross has given us the power to change from a pattern of self-destruction and God-honoring responses to ones that make us more like Him. If you are struggling, consider contacting the Biblical Counseling ministry. Go to [libertypark.org/biblical-counseling](http://libertypark.org/biblical-counseling)

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